

# BABYGROUP: 6-12 months

*Surviving and Thriving During Your Baby's Second 6 Months*

Ask any parent and they'll tell you, having a baby is exhilarating, exhausting, life affirming and life-changing, often at the same time! Those same parents will tell you that no matter how prepared you are, once you return home with your bundle of joy, you'll find you're long on questions and short on time.

The solution for new parents can be found in Donna Holloran's **BABYGROUP** DVDs. Her child-raising advice has been featured in dozens of publications and websites, including the New York Times, American Baby, Pregnancy Magazine, Fox News and more. Long regarded as the Baby Guru for Hollywood's elite, Holloran has created an intimate and meaningful learning experience for mothers and fathers seeking help navigating challenging new territory as parents and couples. For those unable to secure a coveted slot in one of Donna's groups, this DVD allows you to capture all of the advice, confidence and control you'd find in the live **BABYGROUP** experience.

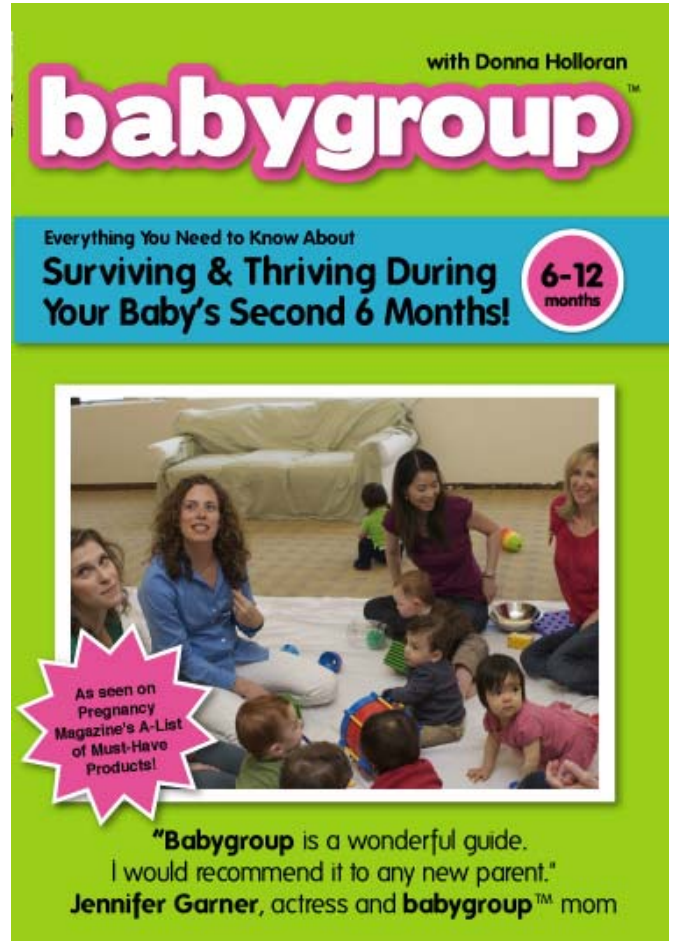
**BABYGROUP: 6-12 months** helps parents effectively transition into and through this critical developmental stage and build a deeper bond with babies that will enable them to grow and thrive through this period of heightened awareness and curiosity. Here, parents will also learn how to effectively balance their needs, both as individuals and couples, with the needs of their baby. Specific Topics Include:

**Includes:**

- Movement and Play
- Napping
- Talking to Your Baby
- Solid Foods (6-12 months)
- Couple Time
- Bonus Summary/Review Feature
- Sleeping (6-12 months)
- Daytime Routine (6-12 months)
- Separation Anxiety
- Me Time
- Chapter Search by Topic

Also look for **BABYGROUP: 0-6 months** to create the perfect Baby Shower 2-Pack!

**Genre:** Documentary/Parenting and Childcare  
**Fullscreen Not Rated Run Time:** 57 min



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